


MAY ~ 2012

**BRANSON INTERMEDIATE BREAKFAST**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>NEW MENU FORMAT!</b></p> <p>At Breakfast students choose one entrée group.</p> <p>Fruit &amp; Milk are served with their entrée.</p>	<p>1</p> <p>Yogurt Parfait 20g 1.25oz **Granola 26g or **Cereal (14-23g) Yogurt Parfait 20g</p> <p>Raisins 30g Milk</p>	<p>2</p> <p>1/2c Scrambled Eggs 3g **1/2 English Muffin 14g or **Cereal (14-23g) **1/2 English Muffin 14g</p> <p>Peaches 17g Milk</p>	<p>3</p> <p>2.1oz**Biscuit &amp; 3oz Gravy 34g or **Cereal (14-23g) **Fruit Turnover 44g</p> <p>3pcs Orange Wedges 15g Milk</p>	<p>4</p> <p>**French Toast Sticks 28g with Syrup or **Cereal (14-23g) **Toast 7g</p> <p>Pears 20g Milk</p>
<p>7</p> <p>**Pancake Wrap 24g or **Cereal (14-23g) **Poptart 37g</p> <p>Mixed Fruit 18g Milk</p>	<p>8</p> <p>**Fruit Frudel 36g or **Cereal (14-23g) Yogurt 19g</p> <p>Grapes 15g Milk</p>	<p>9</p> <p>Egg &amp; Cheese Hot Pocket 17g or **Cereal (14-23g) **1/2 English Muffin 14g</p> <p>Applesauce 21g Milk</p>	<p>10</p> <p>**Ham &amp; Chz Biscuit 26g or **Cereal (14-23g) **Fruit Turnover 44g</p> <p>Peaches 17g Milk</p>	<p>11</p> <p>2pcs **Pancakes 25g with Syrup or **Cereal (14-23g) **Toast 7g</p> <p>Tropical Fruit 12g Milk</p>
<p>14</p> <p>**Waffle 32g Sausage Patty 2g or **Cereal (14-23g) **Strawberry or Apple Delight 27g</p> <p>Pears 20g Milk</p>	<p>15</p> <p>**Breakfast Cookie 44g or **Cereal (14-23g) Yogurt 19g</p> <p>Banana 15g Milk</p>	<p>16</p> <p>1/2c Scrambled Eggs 3g Sausage Link 2g or **Cereal (14-23g) **1/2 English Muffin 14g</p> <p>Mixed Fruit 18g Milk</p>	<p>17</p> <p>**Egg &amp; Cheese Biscuit 23g or **Cereal (14-23g) **Fruit Turnover 44g</p> <p>3pcs Orange Wedges 15g Milk</p>	<p>18</p> <p>** Cinnamon French Toast 32g with Syrup or **Cereal (14-23g) **Pastry</p> <p>Cinnamon Apples 20g, Juice Milk</p>
<p>21</p> <p>Cooks Choice</p> <p>Fruit Milk</p>	<p>22</p> <p>Cooks Choice</p> <p>Fruit Milk</p>	<p>23</p>	<p>24</p>	<p>25</p>
<p>28</p> <p>Memorial Day!</p>	<p>29</p> <p><b>Summer School Starts!</b></p> <p>May 29-June 1 June 4 - 7 June 11 - 14 <b>ALL MEALS ARE FREE DURING SUMMER SCHOOL!!</b></p>	<p>30</p> <p><b>BREAKFAST PRICES</b> Full Price -\$1.00 Reduced -\$.30 Adult -\$1.50</p> <p>Please keep a positive balance in your child's account!</p>	<p>31</p> <p>White Skim - 11g Chocolate Skim - 24g</p> <p>Juice ~ 4 oz Apple - 15g Grape - 22g Orange - 14g</p>	<p><b>Breakfast Portions:</b> Fruit - 1/2 cup</p> <p>-Carb counts are estimates based on minimum serving-</p>

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**BRANSON INTERMEDIATE LUNCH**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Alternate Entrées Choices Hamburger 23g Cheeseburger 25g Deli Sand 25g</p> <p>Additional Fruit &amp; Vegetable choices offered daily!</p>	<p>1</p> <p>5pcs **Chicken Nuggets 13g Mashed Potatoes 8g Chicken Gravy 5g Baby Carrots w/dip 6g Fruit Trail Mix 23g</p>	<p>2</p> <p>**Hamburger 23g Potato Wedges 11g Corn on Cob 9g Apple Wedges 19g</p>	<p>3</p> <p><b>Pizza Dippers 29g</b> 1/2c Salad w/dressing 8g Peaches 30g **Cherry Crisp 34g</p>	<p>4</p> <p><b>**Corn Dog</b> Simply Chex Baby Carrots w/dip 6g Dessert</p>
<p>7</p> <p>**French Toast 32g 2pcs Sausage Patties 4g Orange Wedges 15g Fruit Shape Up 15g</p>	<p>8</p> <p><b>Baked Chicken or Popcorn Chicken 13g</b> **Creamy Chicken &amp; Rice 25g Corn 9g Peaches 9g</p>	<p>9</p> <p><b>Turkey Wrap 23g</b> Potato Smiles or Rounds 23g Mixed Vegetable 8g Pineapple 8g</p>	<p>10</p> <p><b>**Pork Tacos 20g</b> Pintos &amp; Cheese 10g Raisins 30g Sherbet Cup 27g</p>	<p>11</p> <p><b>**Hamburger 23g</b> Potato Wedges 11g Cucumbers w/dip 8g Orange Wedges 15g</p>
<p>14</p> <p><b>Fish Strips 15g</b> Calico Tots 16g Broccoli w/Cheese 8g Pears 15g</p>	<p>15</p> <p><b>Uncrustable 33g</b> Goldfish 14g Baby Carrots w/dip 6g Gripz Grahams 19g</p> <p><i>Field Day!</i></p>	<p>16</p> <p><b>Tangerine Chicken 27g</b> **Fried Rice 25g Green Beans 6g Watermelon 15g</p>	<p>17</p> <p><b>Mini Pizza Bagels 21g or Pizza Crunchers</b> 1/2c Salad w/dressing 8g Apricots 30g Dessert</p>	<p>18</p> <p><b>3pcs Mini Chicken Tacos 25g or Quesadilla 36g</b> Black Bean Salad 15g Mixed Vegetable 8g Dessert</p> 
<p>21</p> <p>Cooks Choice</p>	<p>22</p> <p><b>NO LUNCH</b></p> <p>Early Dismissal! Last day of School!</p>	<p>23</p> <p>Happy Summer!!</p>	<p>24</p> <p>Happy Summer!!</p>	<p>25</p> <p>Happy Summer!!</p>
<p>28</p> <p>Happy Summer!!</p> <p>Memorial Day!</p>	<p>29</p> <p><b>Summer School Starts!</b></p> <p>May 29 - June 1 June 4 - 7 June 11 - 14 <b>ALL MEALS ARE FREE DURING SUMMER SCHOOL!!</b></p>	<p>30</p> <p><b>LUNCH PRICES</b> Full Price -\$1.50 Reduced -\$.40 Adult -\$2.50</p> <p>Menu may change without notice.</p>	<p>31</p> <p><b>Lunch Portions:</b> Fruit &amp; Vegetables = 1/2 c Rice &amp; Pasta = 1/2 c Potatoes = 3oz</p> <p><i>unless noted otherwise</i></p>	<p><b>** = Whole Grain Rich</b></p> <p>-Carb counts are estimates based on minimum serving-</p>